



UNC Wilmington School of Nursing



School of Nursing Newsletter

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Early Spring Issue

March 2012

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Upcoming Dates

April 5 - 8: Easter Break

April 12: Nu Omega Research Day Dinner, McNeill Hall, 5:45 - 8:30 p.m.

April 13: Nu Omega Research Day Podium and Poster Presentations, McNeill Hall, 8 - noon.

April 16: Undergraduate Council Meeting, McNeill Hall 2056, 3 - 4:30 p.m.

April 26: NHRMC Clinical Negotiations Meeting, NHRMC, noon - 4 p.m.

April 30: Last day of classes

May 2 - 8: Final exams

May 7 - 8: Hurst NCLEX Review. Multipurpose Room, 8 - 4 p.m.

May 8: Nurses' Day Celebration, Burney Center Ballroom, 5:30 - 8:30 p.m.

May 11: SON Awards Ceremony, Kenan Auditorium, 2 p.m.

May 11: University Commencement for CHHS and Watson School of Education, Trask Auditorium, 5:30 p.m.

Please submit items of interest, calendar events, notable achievements, community events and questions you may have for our faculty and staff to our editorial/production staff: Sandy O'Donnell or Debra Simpson.

Greetings from the Director

The spring semester in the School of Nursing has been very busy. Due to major moves within the university to house all faculty and staff on the campus, the School of Social Work and seven faculty from the School of Health and Applied Human Sciences will be moving to McNeill Hall. Implementation for the move is June 2012.

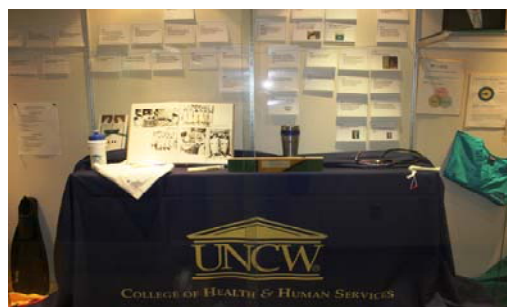
Efforts are underway to increase enrollment in the RN-BSN Program, BS in Clinical Research, MS in Clinical Research and the MSN in Nursing to increase revenue for the university. Plans are in the early stages to develop a Doctor of Nursing Practice Program.

Admission to the School of Nursing's prelicensure program continues to be competitive. We received over 178 applications for 50 seats. Applicants interested applying for our RN-BSN Program and MSN Program have increased. The reputation of the UNCW School of Nursing continues to soar to greatness.



Schools in CHHS Collaborate to Develop Display

Members of the three schools in CHHS recently collaborated to design a display in DePaolo Hall to highlight their programs. On display are items depicting the various programs, historical memorabilia and a time line depicting the evolution of the programs and CHHS at UNCW. The display will be open through March. Members participating in developing the display were Steven Elliott from HAHS, Deborah Pollard from SON, and Deborah Bowen and Helene Harris from the SSW.



Congratulations to the Newest Prelicensure Cohort!

Congratulations to the students who were accepted recently into the School of Nursing prelicensure nursing program. Fifty students were accepted out of an applicant pool of 178 students to become the Class of May '14.

Notable Recognition



Congratulations to **Janie Canty-Mitchell** for being chosen to participate in the 2012 Leadership American, a program of the Foundation for Women's Resources. She was carefully selected from a highly competitive pool to join with other outstanding women representing a broad diversity of personal and professional backgrounds. The year long program will bring together women leaders in Washington, D.C., San Francisco and Houston to address complex issues, consider new modes of listening and relating to a diverse society, identify areas of mutual interest, and develop new visions for moving towards the common good, at home and abroad. There are more than 2,000 Leadership America alumnae affiliated with the state and federal government, higher education, health care, legal services, public policy, media outlets, and the U.S. legislature.

Canty-Mitchell was awarded \$25,605 and \$20,844 from the UNC General Administration for the project NC GEAR-UP, (Gaining Early Access to Readiness for Higher Education) Introduction to Nursing. The project is a five-day summer enrichment program that introduces underserved high school students to nursing and other health profession careers. The high school youth will be on campus the weeks of June 18 and July 8, to learn and practice hands-on skills building, which include: cardiopulmonary resuscitation and first-aid, medical calculations, health assessment and human patient simulations. Sessions are also conducted on college and SAT preparations.

Congratulations to **Mercedes Goetting** (May '11) and Deborah Pollard for their manuscript being accepted for publication in the *Journal of Pediatric Nursing*, titled, "Knowledge, attitudes, and self-efficacy of nurses in the management of pediatric pain". **Goetting** completed departmental honors prior to her graduation last spring and is employed currently as a registered nurse in the pediatrics department at NHRMC.

Deborah Pollard made a poster presentation, *Correlates of Perinatal Depression in Diverse, Low-Income Women*, at the International Society of Psychiatric-Mental Health Nurses (ISPN) Annual Conference in Atlanta last March 28 - 31.



Clinical research senior class president **Kerri Roberts** presented her research on spinal muscular atrophy at the annual meeting of Sigma Xi, an honor society of research scientists and engineers, in Raleigh, N.C. **Roberts'** research citation is as follows:

Roberts, K.F.M. *A Systematic Literature Review and Survey of Spinal Muscular Atrophy Research and Awareness*. Student Presenter. 2011 Sigma Xi Annual Meeting & International Research Conference. Raleigh Convention Center. Raleigh, NC. November 12, 2011.

Notable Achievements



Ruthanne Kuiper attended the "Nurse Faculty Leadership Academy" on Feb. 21-24, sponsored by Sigma Theta Tau International (STTI) and Elsevier Foundation. The purpose of this academy is to develop the leadership knowledge and skills of nurses early in their faculty careers to 1) foster academic career success, 2) promote nurse faculty retention and satisfaction, 3) promulgate personal leadership development, and 4) cultivate high performing, supportive work environments in academe. Kuiper is paired with a novice faculty member from the Department of Nursing at the Augusta State University, Augusta, Ga. for three years to help her develop nurse educator leadership skills through the development of an educational project which will be presented at the next STTI Biennial Convention. If persons are interested in viewing the materials/text used for the workshops in this academy, they are encouraged to contact **Kuiper**.

Congratulations to the following faculty on their recent promotions:

RuthAnne Kuiper for achieving the rank of full professor and to **Carol Heinrich** and **Susan Roberts** for their attaining the rank of associate professor.

Pediatric Simulation Experience



The pediatric nursing course has tried a new approach to teaching and implementation of the simulation experience this semester. These are student-created scenarios that have been implemented in four pediatric clinical groups. The basic concept was pre-determined by faculty and based on an actual situation encountered at a local facility.

The patient scenario was based on a related patient situation within the acute care setting. The situation was divided into four basic concepts related to the case. Each of the four clinical groups was assigned one of the sections to be conceptualized and written as a simulation experience. The four basic concepts were further broken down into various components based on a selected simulation template which included learning objectives, identification of roles, supplies, interventions, medications, safety issues, nursing diagnoses, physician orders and psychosocial issues involved.

Each of the 12 clinical groups was then divided into five teams consisting of two-three students. The students were assigned three-four categories in which they were responsible for creating the simulation experience. Each team was allowed time to develop the simulation, review what had been written and revise the scenario based on feedback from instructors and other students. Each group then proceeded to act out the scenario as they had written it to determine competence and need for more revision. Following each scenario a debriefing session was held among the entire clinical group. Student comments regarding the evaluation of this simulation approach were all positive.

Simulation Learning Center News

Following the challenges of designing a new Simulation Learning Center a few years ago, SON is focusing on expanding the student learning criteria for the nursing curriculum that will be implemented for spring 2013. In this curriculum, students will no longer be required to become certified nursing assistants (CNA's) prior to admission to SON. Thus, a course in nursing fundamentals will be offered, and many new simulation activities will be developed. Also, the number of students participating in health assessment labs will double from 50 to 100 for the spring 2013 semester. Logistical plans are underway to facilitate this increase in students and lab usage.

Online Orientation Program Piloted for Prelicensure Students

Fifty students began the prelicensure nursing program in January. This cohort was the first group of students in this program option to pilot a totally online orientation course. Members of administration, student services and faculty participated in developing the course with assistance by the university Information Technology staff. The orientation course was piloted in November and December for these new students and the evaluations by the students were very positive. The course was available through SeaPort, allowing students round-the-clock access to the information, which is typically presented during a one-time, live session. All students completed the post-test that was incorporated into the course. Plans are to continue the orientation course with one change. This change (to be added this semester for the incoming fall cohort) will allow newly admitted students to have the opportunity to meet and ask questions of administration, students services and faculty in an open forum after they have completed the orientation course.

Gresham Place Sing-a-Long

On March 14, CHHS administrators and staff visited Gresham Place to perform favorite songs to entertain residents. **John Bennett** (SHAHS) and **Bill Powell** (UNCW electrician) provided the musical accompaniment to the pieces sung by SON staff **Debra Simpson**, **Joniah Smith**, **Peggy Wichmann**, and **Robin Williams**, **Annette Campbell** and **Sarah White** from SHAHS and **Linda Ferrell** from CHHS. This was the first endeavor of this still unnamed group to perform community service and represent CHHS in a collaborative effort. It is hoped that this event will be expanded to include others who are interested in sharing this community engagement.



A Celebration of the 10th Anniversary of the Annual Videoconference Series

During January and February, nursing students from UNCW and Iwate Prefectural University (IPU) in Takizawa, Japan, celebrated the 10th anniversary of the annual videoconference series. For the past 10 years, nursing student presentations between UNCW and IPU have been highly successful in creating an increased awareness of health care issues and cultural health practices between nursing students in both countries. These exchanges continue to provide students with an international learning experience and also foster a valuable perspective on learning opportunities on nursing and global health issues.



The student nurses from IPU presented the following topics: 1) health effects of bathing, 2) baby food in Japan, 3) longevity in Japan and the national insurance system, and 4) health care after the Great East Japan Earthquake.

UNCW students presented an overview of mental health issues in populations in southeastern North Carolina including: 1) college students, 2) the elderly, 3) military personnel, and 4) the Hispanic population

Along with the 10th year anniversary, a manuscript describing the history and development of the series is currently in press in *Nursing and Human Sciences*, Chiba University Asian Research and Collaboration Center for Nursing and Health Sciences in Chiba, Japan. **Perri Bomar**, SON emeritus faculty, is the editor.

The citation is as follows:

Kemppainen, J., Kim-Godwin, S., Mechling, B., Kanematsu, Y., & Kikuchi, K. Promoting cultural awareness in international nursing education through video conferences, *Nursing and Human Sciences*, (in press).



Collaborative Project on Basic Strengths-Based Interviewing Skills

A collaborative effort between School of Nursing faculty **Kae Livsey**, **Debra Ezzell** and **Carol Highsmith** and the School of Social Work (SSW) was developed to strengthen client-centered communication skills, increase awareness of culture and diversity and model inter-professional collaboration for undergraduate nursing students. On March 6 and 8, community health nursing students learned about strengths-based interviewing from **Deb Bowen**, SSW faculty, followed by participation in two activities with SSW students. The first activity involved interactive role play addressing complex problems that both SON and SSW students would encounter in the community: chaos, conflict, domestic violence, language barriers and cultural bias. The second activity involved a video which prompted inter-professional communication through the development of a joint care plan for two homeless families residing in a family shelter in the Bronx, N.Y. The opportunity to share ideas and find common ground between the two disciplines helped faculty to gain knowledge from each other and offer students a perspective that encouraged cooperation within their professions.

Work Continues on New Undergraduate Curriculum

The members of the School of Nursing Curriculum Committee, **Anne-Marie Goff** (chair), **Debbie Pollard**, **Kathy Ennen**, **Brenda Pavill**, **Carol Heinrich** and **Anne Zabriskie**, have conducted two faculty curriculum retreats this semester to further define and prepare for the Spring '13 implementation of the new prelicensure curriculum. Several faculty have contributed time and expertise to this development process. The overall curriculum was designed by nursing faculty and the Curriculum Committee. In 2011, it was approved by the University Curriculum Committee and the NC Board of Nursing. Since August 2011 faculty have been working on concept mapping to ensure that essential nursing concepts are distributed appropriately throughout the undergraduate courses. This semester a content map or an outline for each course is being developed. This mapping includes course content, teaching strategies and evaluation measures, components which are vital for the success of the new program. The new curriculum will include one additional semester of nursing courses, more hands-on clinical experience and simulation, a separate nutrition course, and combined pharmacology and pathophysiology courses.

Upcoming Events

Research Day 2012

The 20th Annual Research Day, sponsored by the Nu Omega Chapter of Sigma Theta Tau International, begins with dinner on April 12 in McNeill Hall followed by guest speaker, podium and poster presentations on April 13 in McNeill Hall.

Health professionals and students are invited to present and attend this annual event. This year's keynote speaker will be **Dr. Mary Lou deLeon Siantz, PhD, RN, FAAN**, professor at the Betty Irene Moore School of Nursing at the University of California-Davis. She is internationally recognized and respected for her research with migrant children and families. She is also nationally recognized for her interdisciplinary efforts to prepare health professionals for leadership and policy. For additional information, contact **Janie Canty-Mitchell**.

Nurses' Day Celebration

The 16th Annual Nurses' Day Celebration will be held on May 8, at 5:30 p.m. in the Burney Center. This event, which is sponsored by District 22 of the N.C. Nurses Association and the School of Nursing, honors nursing professionals from Brunswick, New Hanover and Pender counties for their contribution to nursing. More than 300 professionals and guests will be in attendance. Registration for this event can be made through the SON website.

Nursing Students Assist in El Salvador: March 9 - 15, 2012

Led by **Jane Fox** (pictured on right second photo below), five prelicensure students and one graduate student spent their spring break providing health care to rural and urban populations of El Salvador. Opportunities were available to learn about the health care systems in this Central America region. Donated clothing items and medical supplies were shipped ahead of the team's arrival for distribution to people in the area.



5th Annual Youth Health Summit: A Huge Success!

The School of Nursing co-sponsored the 5th Annual Youth Health Summit on March 14. Attending the summit were 235 eighth grade students and 27 teachers and counselors from 12 middle schools in Brunswick, Columbus, Duplin and New Hanover counties. Twenty-six students from Laney High School's Allied Health Program and one senior student from New Hanover High School volunteered to support the summit. UNCW faculty, staff and students from the CHHS's schools of nursing, social work, and health and applied human services; CROSSROADS, a substance abuse prevention program; Obesity Prevention Initiative; and Student Affairs Counseling Center presented workshops and displays on a variety of topics as bullying, exercise and physical fitness, tobacco prevention and substance abuse prevention.

Community organizations included representatives from New Hanover Regional Medical Center Pharmacy Department and Trauma Services, Coastal Horizons Substance Abuse Program and the New Hanover Health Department's Health Education and HIV/AIDS Prevention Program. Travis Corpening of Shaper, LLC presented a program on stress management entitled, "The World of Youth." The keynote speaker was **O'Dell Graham**, Educational Talent Search Counselor at Southeastern Community College. His presentation entitled, "Defining Your SWAG," was an interactive fun-filled session focused on academic youth success which included character building, goal setting and building self-esteem.

The SON extends gratitude for the summit's financial co-sponsors including the Nu Omega Chapter of Sigma Theta Tau International Nursing Society, Robert Wood Johnson Foundation Executive Nurse Fellows Program, South East Area Health Education Center, **Becky Varner** and **Mr. & Mrs. Tim Winslow**.



Department Chairs Forum

The Department Chair's Forum on Feb. 27 resulted in some great discussion and sharing of information. It was the consensus of the group to continue with these gatherings once a month for the rest of the semester, March 19, 2 - 3 p.m. and April 30, 3 - 4 p.m. Invitations will be sent with dates and times soon.

New Faces in the Office of Student Services

Mark Werbeach (pictured right) has recently begun work as the new Coordinator of Student Services. **Werbeach**, a native Ohioan, received his Masters in Counseling and Human Development from Radford University and holds a Bachelors degree in Psychology from Kent State University. Prior to joining the staff of the SON, **Werbeach** worked for more than six years at the UNCW Career Center. His leisure activities include kite surfing and volleyball.



Ryan Underwood is the new part-time advisor within the Office of Student Services. She received her Master of Arts in Higher Education in May '11 from Appalachian State University, where she worked full-time while pursuing her degree. In 2005, she received her Bachelor of Music in Flute Performance from UNC-Chapel Hill. Recently, **Underwood** moved to the Wilmington area with her 3-month-old son and her husband, who is also employed by UNCW.

AAMN News

On Feb. 27 the UNCW Chapter of the American Assembly for Men in Nursing (AAMN) invited former AAMN chapter president **Sean Toomey** (Dec. '10) to discuss his experience working on hospital pediatric and pediatric intensive care units. Following the event chapter members voted for the 2012-2013 officers: **Michael Speight** (chapter president), **Megan Garland** (chapter vice president), **Bill Simpson** (chapter treasurer) and **Stephanie Brown** (chapter secretary). These students will replace the current officers who graduate in May: **Will Hite** (president), **Bobby Crutchley** (vice president), **Josh Gardner** (treasurer), **Owen Howell** (secretary) and **Kara Richey** (public relations chair).

Collaborative Efforts on Acute Abdominal Injury and Disease Assessments

On March 5, faculty from the School of Nursing and the Athletic Training Program collaborated across two courses to provide students with an interdisciplinary educational experience. Nursing faculty **Debbie Ezzell** and **Stephanie Turrise** paired with athletic training faculty **Andrea Bender**, **Kirk Brown** and **Aldo Plata** to assist athletic training students in practicing evaluation of acute injuries and disease conditions associated with the abdomen and genitourinary system. After a brief seminar students rotated through three simulation lab experiences led by faculty from both disciplines.

During that same week **Andrea Bender** (pictured at right with Brian Mack) provided nursing students with a classroom seminar and simulation on how to recognize and manage acute concussions. **Brian Mack**, student teaching assistant for the SON health assessment course entered the classroom with makeup designed to portray a victim of a recent fall from a recreational climbing wall. Faculty and students from both programs benefitted from the collaboration through shared sharing teaching strategies and experiencing the perspective of another discipline.



Please submit calendar events, notable achievements, community events, research/scholarship activities and questions for faculty/staff to our editorial and production staff: Sandy O'Donnell (odonnells@uncw.edu) or Debra Simpson (simpsond@uncw.edu).

